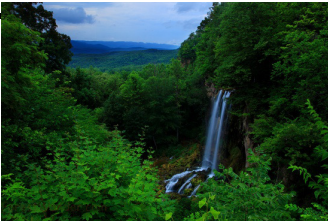





Sun	Mon	Tue	Wed	Thu	Fri	Sat
		<p>1 7:30am Zumba® - Marcie 9:00am Yoga - Nancy 6:30pm Muscle Pump - Katrina</p>	<p>2 9:15am Zumba® - Miriam 4:15pm Body Defined - Nancy 6:30pm Vinyasa Yoga - Michele</p>	<p>3 7:30am Zumba® - Marcie 9:00am Yoga - Kim NO 5:00pm Gentle Yoga - April W. 6:00pm Unbeliev-a-Ball - Tracy</p>	<p>4 9:15am Zumba® - April</p>	<p>5 9:00am Zumba® - April 10:00am Muscle Pump - April</p>
6	<p>7 9:15am Zumba® - Miriam 4:15pm Body Defined - DVD Class 5:15pm Vinyasa Yoga - Kim 6:30pm Tabata - Katrina</p>	<p>8 7:30am Zumba® - Marcie 9:00am Yoga - Kim 6:30pm Muscle Mixer - Katrina</p>	<p>9 9:15am Zumba® - Miriam 4:15pm Body Defined - DVD Class 6:30pm Vinyasa Yoga - Kim</p>	<p>10 7:30am Zumba® - Marcie 9:00am Yoga - Kim 5:00pm Gentle Yoga - April W. 6:00pm Unbeliev-a-Ball - Tracy</p>	<p>11 9:15am Zumba® - Marcie</p>	<p>12 10:00am Muscle Pump - Katrina</p>
13	<p>14 9:15am Zumba® - Miriam 4:15pm Body Defined - Nancy 5:15pm Vinyasa Yoga - Kim 6:30pm 3-2-1 - Katrina</p>	<p>15 7:30am Zumba® - Marcie 9:00am Yoga - Tammy 6:30pm Muscle Pump - Katrina</p>	<p>16 9:15am Zumba® - Miriam 4:15pm Body Defined - Nancy 6:30pm Vinyasa Yoga - Christine</p>	<p>17 7:30am Zumba® - Marcie 9:00am Yoga - Kim 5:00pm Gentle Yoga - April W. 6:00pm Unbeliev-a-Ball - Tracy</p>	<p>18 9:15am Zumba® - Beth</p>	<p>19 9:00am Tabata - April 10:00am Muscle Pump - April</p>
<p>20 Solar Eclipse on 7/21</p> 	<p>21 9:15am Zumba® - Beth 4:15pm Body Defined - Nancy 5:15pm Vinyasa Yoga - Kim 6:30pm Countdown - Katrina</p>	<p>22 7:30am Zumba® - Marcie 9:00am Yoga - Tammy 6:30pm Muscle Pump - Melani</p>	<p>23 9:15am Zumba® - Miriam 4:15pm Body Defined - Nancy 6:30pm Vinyasa Yoga - Christine</p>	<p>24 7:30am Zumba® - Marcie 9:00am Yoga - Kim 5:00pm Gentle Yoga - April W. 6:00pm Unbeliev-a-Ball - Tracy</p>	<p>25 9:15am Zumba® - Marcie</p>	<p>26 10:00am Muscle Pump - April</p>
27	<p>28 9:15am Zumba® - Miriam 4:15pm Body Defined - Nancy 5:15pm Vinyasa Yoga - Kim 6:30pm Power Step - Katrina</p>	<p>29 7:30am Zumba® - Marcie 9:00am Yoga - Nancy 6:30pm Muscle Mixer - Katrina</p>	<p>30 9:15am Zumba® - Miriam 4:15pm Body Defined - Nancy 6:30pm Vinyasa Yoga - Christine</p>	<p>31 7:30am Zumba® - Marcie 9:00am Yoga - Kim NO 5:00pm Gentle Yoga 6:00pm Unbeliev-a-Ball - Tracy</p>		<p>Staffed Hours: Mon.-Thurs. 8:00am-8:00pm Fri. 8:00am-5:00pm Sat. 8:00am-12:00pm</p>