

# Active Life

Fitness Center

## Membership Plans

	<i>Enrollment Fee</i>	<i>Monthly Dues</i>
Individual	\$60.00	\$45.00
Couple	\$75.00	\$65.00
Family	\$85.00	\$75.00
Daily Guest Fee - \$15.00		

- JOIN our community dedicated to an active, healthy lifestyle!
- One Year Membership Plan:
- When you join, you pay your joining fee and first month's payment
- We'll automatically draft your bank account or credit card each month.

Memberships Include:  
 Personal Equipment Orientation  
 Cardio Machines, Strength Training, Free Weights  
 Group Exercise Classes  
 24 / 7 Access for all Adult Members

## STAFFED HOURS

Mon. – Fri.	8:00am - 8:00pm
Sat. & Sun.	8:00am - 5:00pm

Build strength, endurance and energy for life.



Active Life Fitness Center  
 11815 Aspengraf Lane  
 New Kent, VA 23124  
 804-723-8380

[www.activelifitnesscenter.com](http://www.activelifitnesscenter.com)  
[contact@activelifitnesscenter.com](mailto:contact@activelifitnesscenter.com)

Conveniently located in central New Kent County at Maidstone adjacent to New Kent Schools.